

Cooking with the Sun

**“To see that just the sun did it —
it seems *too good to be true!*”**

Steynberg Gallery, Tea & Coffee House

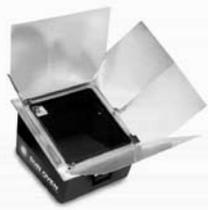
May 24, Sunday @ 12-2:00

(Rain or Shine)

1531 Monterey Street, SLO

The class is FREE

- Save Money
- Save Time
- Save Fuel
- Save Trees
- Save Lives
- No CO₂
- No Soot



Solar ovens:

- Use your favorite recipes
- Keep homes cool
- Requires no fuel other than the sun
- Retains natural nutrients and food flavors
- Are inexpensive (*Between \$35. - 200.*)
- Made from recycled items
- Can be home made, plans available on net
- Easy to use and portable
- Avoid global warming

Solar cooking and oven information is on the internet:

- SolarCookersInternational.org
- SunOven.org
- SolarOvens.org

For information or requests for local classes 805.458.1241

SLO Solar Cookers demonstrators:

Rosemary Wilvert, Phyllis Davies, Marcia Alter, Don Warriner,
Lynn and Noa Kamplain, Susan Atlee and Elaine Townsend

Sunshine is an endless supply of FREE, non-polluting fuel.

Cook almost everything: Beans, Rice, Bread, Chicken, Ice Tea, Cookies, Eggs, Roasts, Muffins, Cakes, Enchiladas, Casseroles, Bacon, Vegetables, Corn Bread, Nachoes, Stew, Baked Custard, Potatoes ...